

Physical Health Update for Psychiatrists

Brief course overview

This one day course will cover identification and management of common physical health disorders in psychiatry, in line with the 2017 CQUIN goal of 'Improving physical healthcare to reduce premature mortality in people with severe mental illness'.

Topics

- Cardiovascular risk: Hypertension and lipid disorders
- Diabetes
- Exercise and dietary interventions
- Behaviour change interventions

Who should attend?

Consultant Psychiatrists and SAS doctors in all psychiatry specialties.

Certification

Certification for 6 hours CPD will be provided to attendees.

Who will teach it?

This course will be led by Dr Richard Whale and Dr Jason Read and taught by clinical specialists and university lecturers from relevant disciplines.



Where and when will it run?

9am- 5pm
Wednesday 31 January 2018
Falmer Campus, University of Brighton

How much will it cost?

£150 (includes lunch and refreshments)

Where to register?

bit.ly/PhysHealth_Register

Where to find out more info

bit.ly/PhysHealth

Contact

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