

	1: Never	2: Rarely	3: Sometimes	4: Often	5: Always
1. Because of my illness, some people seemed uncomfortable with me					
2. Because of my illness, some people were unkind to me					
3. People I care about stopped contacting me after learning I have Long Covid					
4. People have acted as if I am dishonest since I have had Long Covid					
5. I have been treated with less respect than other people are because of Long Covid					
6. I have felt embarrassed about my illness					
7. I have felt embarrassed because of my physical limitations					
8. I feel that I have been tainted by Long Covid and am of less value than others because of it					
9. I have felt like I am very different from other people on account of Long Covid					
10. Many people tend to think Long Covid isn't a real illness					
11. I feel that some people assume that having Long Covid is a sign of personal weakness					
12. I worry that people with Long Covid lose their jobs when their employers find out					
13. I worry that people may judge me negatively when they learn I have Long Covid					

Citation: Pantelic, M., Ziauddeen, N., Boyes, M., O'Hara, M. E., Hastie, C., & Alwan, N. A. (2022). Long Covid stigma: Estimating burden and validating scale in a UK-based sample. *PLOS ONE*, 17(11), e0277317. <https://doi.org/10.1371/journal.pone.0277317>