

CPD Continuing Professional Development

# Primary Care Mental Health

## **Brief course overview**

This one day update for primary care workers will focus on improving organisational awareness of, and responsiveness to, mental health challenges. Suitable for both clinical and non-clinical staff, this annual update will help to improve patient pathways through seminars, group work and case studies.



- Acknowledging, recognising & triaging MH conditions (non-clinical)
- Diagnostic & pharmacological updates (clinical)
- Locally Commissioned Services (LCS)
- Referral systems & processes
- Consultation skills: health promotion; self-care; CBT in primary care
- Management of long-term MH conditions

# Who should attend?

GPs, Nurses, Receptionists, Physician Associates, Pharmacists, Medical Secretaries & all primary care staff

# Certification

A certificate of attendance will be provided



## Who will teach it?

Led by Prof Harm Van Marwijk, Professor in General Practice, and taught by clinical staff, service providers & service users

# Where and when will it run?

18<sup>th</sup> September 2018, 9.30am - 4.30pm BSMS, University of Brighton, Falmer Campus, Brighton BN1 9PH

#### How much will it cost?

£175 (includes parking, lunch and refreshments)

# Where to register?

bit.ly/MHinPC

## Where to find out more info

bsms.ac.uk/MHinPC

#### Contact

cpd@bsms.ac.uk