

Inclusion Health Day 2015

Our speakers

Zoe Matthews is a trained psychiatric nurse, who has always taken a keen interest in the interplay of culture, politics and health. This led to degrees in Anthropology and Sociology and an MA in Health promotion (Europe). Zoe has worked with Gypsies and Travellers since 1995, initially researching how their social exclusion can impact upon health outcomes. This led to work at Friends, Families and Travellers (FFT), which is the only national charity that works on behalf of all Gypsies and Travellers regardless of ethnicity, culture or background.

Zoe is interested in working with Gypsies and Travellers at the grass roots in order to get their voices heard and the necessary policy changes which will improve the health of the community. Zoe has written for the Equality and Human Rights Commission, as well as the Race Equality Foundation and advised on the National Inclusion Health Working Groups, as well as other national policy groups. Zoe is also a Trustee of National Voices, a charity which is an umbrella organization for over 130 health and social care charities and a strategic partner to the department of Health.

Michelle Gavin has been working for Friends Families and Travellers since January 2010. Michelle is of Irish Traveller heritage through marriage. She is a founder member of GAIT (Gypsy and Irish Travellers association South East England) and previously worked as a volunteer caseworker and advocate. Her current role at FFT is as a health engagement worker – a position funded by Brighton and Hove Clinical Commissioning Group.

Zana Khan is currently the GP clinical lead at Guys and St. Thomas' and SLAM KHP Pathway Homeless teams. Zana qualified in 2003 and completed GP training and a Masters in Medical Science at Keele in North Staffordshire. Zana then moved back to London and worked for 3 years at the BMJ as a clinical editor in BMJ Learning alongside inner city GP and urgent care in South London. Zana's current practice also includes being GP appraiser, undergraduate tutor at Kings College and GP work in Hertfordshire.

John Connolly is interested in the interface between social/organisational processes of exclusion and individual processes of self-exclusion. He believes multiply excluded population groups require an enhanced service response which is based on an understanding of this interface. His counselling work endeavours to provide a 'corrective' emotional environment where individuals can begin to trust the 'help' which is on offer and their own ability to make use of that help. This facilitates the gradual understanding and management of the interface between their own self-exclusion processes and those of the organisation. Individuals will also be supported to manage the transition from homelessness into more settled circumstances.