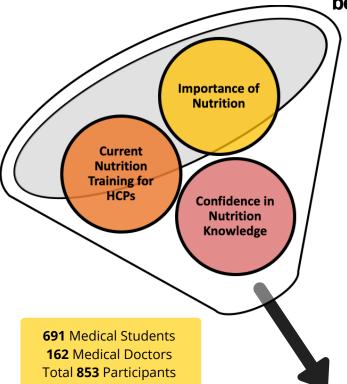
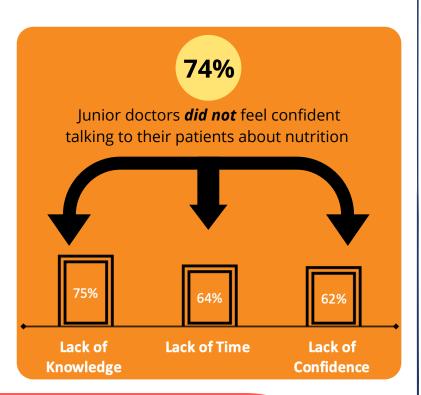
This is a visual summary based on data collected about nutrition education in UK Medical Schools and Hospitals.

Surveys of Medical Students and Doctors identified between 2015 and 2018 have been used.





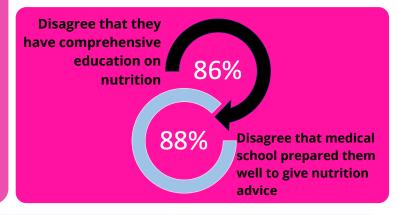
## TIME FOR NUTRITION IN MEDICAL EDUCATION

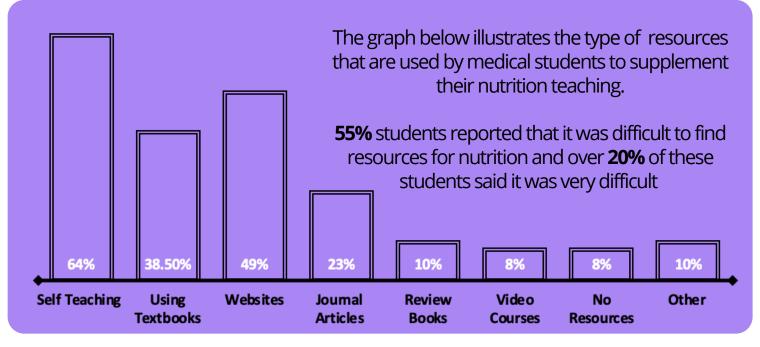
Views of Medical Students and Doctors in the UK regarding Nutrition in Medical Education and Practice

88.0% 99.0% Think that patients Think that nutrition would expect them plays a role in to have an maintaining good understanding of health. nutrition as a doctor 97.5% 94.6% Think that nutrition Think that nutrition plays a role in plays a role in development of management of disease. disease.

Frontline staff need to feel equipped to talk about nutrition and maintaining weight in an informed and sensitive way.

NHS Long Term Plan, Clause 2.19





## Only 45% of students received teaching on nutrition

Of those:

71.5% students received <2 hours

**81%** doctors had received <2 hours

38% of students said they had not realised the complexity of nutrition.

50% of students could see how doctors could engage in nutrition related decisions.





nutritank.



NNEdPro - Global Centre for Nutrition and Health