BRIGHTI DEAS

Are you considering becoming a doctor? Would you like to gain the knowledge and develop the skills required to make a competitive application to medical school? *If yes, read on!*

BrightIdeas gives you an opportunity to complete a medicine focused research project, with the support of an e-mentor. The project, which ends in a 3-day summer residential event, will provide you with invaluable insights into the roles of a doctor; as a scientist, a clinician and a teacher.

THE PROJECT STAGES

1. RESEARCH

You will choose a chronic condition of interest and perform a basic literature search to gain a scientific understanding.



3. REPORT

Taking a holistic approach to the condition, you'll create a report, in a format of your choosing - be it an essay, a video, a podcast etc. - to document your findings.



5.REFLECT

Using a learning gain tool and your experiences to guide your thoughts, you will write a short reflection on your experiences.



2. EXPLORE

Through a variety of resources, from online case studies to an organised symposia, you will explore the social and psychological implications of the conditions.



4.SHARE

During the summer residential event, you will present your projects to an audience and answer any questions that arise.



PROJECT SESSIONS

Please note attendance at all three project sessions is compulsory.

1. THE LAUNCH

Date: Saturday 7th March 2020 **Time:** 11:00-16:00

Location: Brighton and Sussex Medical School

We will cover an overview of the medicine application process, undertake an undergraduate level teaching session and introduce you to the project and mentors.

2. THE MID-POINT REVIEW

Date: Saturday 25th April 2020 **Time:** 11:00-16:00

Location: Brighton and Sussex Medical School

You will review your project progress with your mentor before hearing about the biological, psychological and social impacts of chronic condition from patients/carers.

3. THE RESIDENTIAL

Arrival: Thursday 23rd (between 16:00 -18:00) or Friday 24th July (09:00)

Depart: Sunday 26th July- 16:00

Location: Brighton and Sussex Medical School, University of Sussex

You will travel down to Brighton and Sussex Medical School, where you will stay in university accomodation for 3/4 nights (depending on arrival date). During the residential, you will present your report at our "Brightldeas Conference" to peers, parents and BSMS colleagues. You will also get a taster of different medical specialties through a variety of interactive activities as well as a guided navigation through the various application process hurdles. All participants will have an opportunity for their personal statement to be reviewed as well as a chance to experience a medical school admissions interview.

WHO IS THE PROJECT FOR?



HOW TO APPLY

In order to apply for Brightldeas, you will need to complete the online application form which is available here: bit.ly/3aOCklr

Applications will close on Monday 27th January at 09:00

If you have any questions about this programme, please contact outreach@bsms.ac.uk

BrightIdeas is a programme for current Year 12 students, who are interested in studying Medicine.

Students should be studying Biology and/or Chemistry at A-level and priority will be given to students who meet at least two of the following criteria:

- Sat GCSEs at an underperforming school (Attainment 8)
- Attended a school with a high percentage of students on free school meals
 - Live in an area where not a lot of people enter Higher Education (POLAR 4)
 - · Are a young carer
 - · Parents have not been to University
 - Are/have been in receipt of/of free school meal/16-19 bursary/PIP or other Means Tested Benefits
 - Be estranged from parents/guardians and/or be an asylum seeker or refugee

Those who are in or have been in local authority care will automatically be offered a place.

BRIGHTIDEAS IS A COLLABORATIVE PROJECT LED AND FUNDED BY:





